

AYURVEDA GASTROENTEROLOGY CERTIFICATE COURSE

200 hours, Online Program
(Weekend)

Jointly Offered by Parul University &
Canadian College of Ayurveda and Yoga Inc.



Parul[®]
University



Canadian College of
Ayurveda and Yoga

**LEARN ADVANCED AYURVEDIC SOLUTIONS FOR COMPLEX
GASTROINTESTINAL DISORDERS FROM INTERNATIONAL EXPERTS**



Vd. Harish Kumar Verma
Canada



Dr. Nishant Shukla
India



Vd. Asavari Manvikar
USA



Dr. Madan Thangavelu
UK



Vd. Dimple Aggarwal
Canada

What will you Learn?

This unique course combines ancient Ayurvedic knowledge with modern scientific research to offer an integrated approach to managing chronic digestive disorders.

Holistic Healing in Ayurveda

Dive into the core principles of Ayurveda: Dosha Theory, Prakriti & Vikriti, dietary rules (Ahara Vidhi Vidhan), daily routines (Dincharya), Six Tastes, and the healing properties of herbs (Virya, Vipaka, and Prabhava).

Understanding Digestion: Agni and Koshha

Explore the concept of Agni (digestive fire) and Koshha (gut constitution). Learn how these foundational principles relate to modern concepts like metabolism, gut microbiomes, and overall digestive and immune health. Understand the seven tissues that support bodily functions.

Ama and Disease Pathogenesis

Learn about Agnimandya (weak digestive fire) and Ama (toxins) that disrupt the body's normal functions, leading to chronic conditions. Discover Ayurvedic treatments like Agni Deepana, Ama Pachana, Virechana, and Basti to detoxify and restore balance.

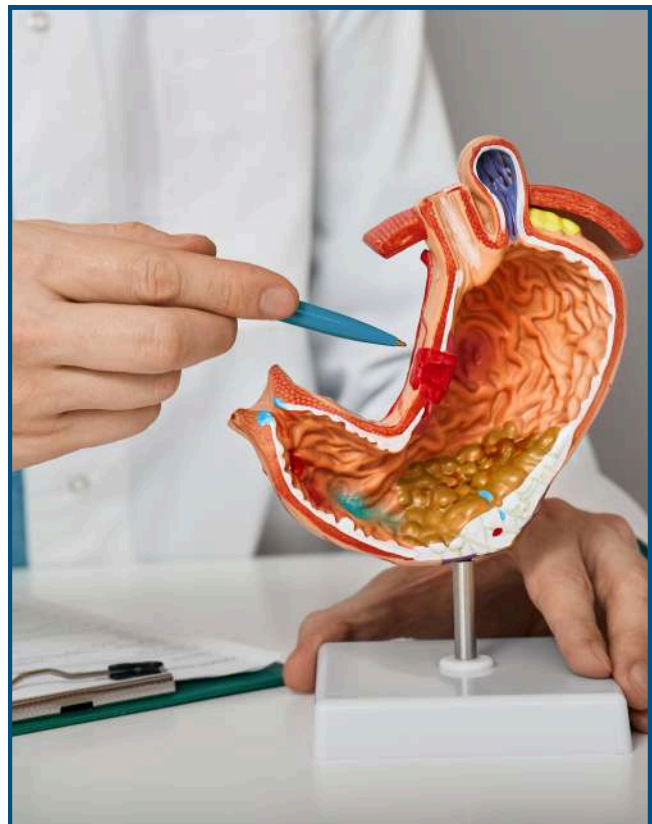
Srotas (Channels) and Their Role in Gut Health

Study the Annavaha Srotas (channels carrying food) and Purishavaha Srotas (channels carrying waste) that are crucial for digestive health. Understand how blockages or excessive flow lead to disease and how to correct these imbalances.

Ayurvedic Management of Gastrointestinal Disorders

Gain evidence-based knowledge on managing a range of gastrointestinal issues through Ayurvedic practices:

- Gastrointestinal Disorders: Ulcerative Colitis, Crohn's Disease, IBS, Chronic Diarrhea & Constipation, Gastritis & GERD, H. Pylori Infection, Diverticulitis, and more.
- Liver Disorders: Hepatitis A, B, C, NAFLD, Alcoholic Hepatitis, Cirrhosis.
- Pancreatic & Gallbladder Conditions: Chronic Pancreatitis, Cholecystitis.



Why Choose This Course?

Immerse yourself in a dynamic learning experience that unites Ayurvedic principles with modern, evidence-based practices. By exploring gastrointestinal and liver disorders through a holistic lens, you'll gain invaluable clinical insights, practical hands-on skills, and expanded career opportunities—empowering you to deliver exceptional patient care.



Comprehensive Knowledge

Understand the root causes, symptoms, and Ayurvedic treatment options for complex digestive and liver disorders.



Practical Skills

Master practical tools for patient assessment and treatment using Ayurvedic approaches such as Nadi Pariksha, herbal remedies, diet plans and Shirodhara therapy.



Career Growth

Enhance your clinical expertise and open doors to integrating Ayurveda into modern healthcare systems.



Holistic Transformation

Apply Ayurvedic principles for personal well-being while elevating your professional practice.



Who Should Enroll?

Our Certificate Course in Ayurvedic Gastroenterology is tailored to a diverse group of learners and practitioners, including:

- Ayurvedic Doctors & Practitioners
- Naturopaths in India and abroad
- Medical Professionals integrating holistic techniques
- Healthcare Workers (Dietitians, Nurses, Therapists)
- Students enrolled in Ayurveda Programs
- G.I. Specialists
- Integrative Medical Consultant
- Holistic Health Practitioner
- Health Center Owners eager to learn Ayurvedic Gastroenterology

Learning Outcomes

Ayurvedic Perspective on Digestion & Metabolism: Understanding Agni, the digestive fire, and its role in gastrointestinal health.

Ayurvedic Therapies: Learn the use of Ayurvedic herbs and formulations tailored for digestive health in Ayurvedic therapies.

Management of Chronic Conditions: Detailed protocols for treating chronic diseases like IBS, Ulcerative Colitis, Hepatitis, and liver diseases using Ayurvedic methods.

Diet & Lifestyle: Customized Ayurvedic diet plans and lifestyle modifications to support gut health and improve overall well-being.

Certification and Career Opportunities

Upon successful completion of the course, participants will receive a **200-Hour Certificate in Ayurvedic Gastroenterology**. This qualification equips you to apply Ayurvedic principles in clinical settings or integrate Ayurvedic solutions into modern gastroenterology care.

Enrollment Information

Course Duration: 200 Hours Online, Weekend

Start Date: 1st June, 2025

Completion Date: 30th November, 2025

Fees: CAD \$1600



Phone

India: [+91 94607 70626](tel:+919460770626)

Canada: [+1-647-276-1111](tel:+16472761111)



Campus (INDIA) :

Parul Ayurved Hospital, Parul university,
Vadodara, Gujarat 391760, India



Campus (CANADA) :

2250 Bovaird Drive East, Suite 316
Brampton, ON, L6R0W3, Canada



Email:

admin@ccaycollege.com



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